








 Vegetarian  Gluten Free  Free Range	 Vegan  Cage Free  Organic	 Grass Fed		 Contains Gluten  Contains Dairy	
			San Domenico Café			
			Middle School Menu		January	
	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	January 8, 2024	January 9, 2024	January 10, 2024	January 11, 2024	January 12, 2024	
Soup	Roasted Tomato Orzo	Diestel Turkey Rice	Potato Chowder	Cage Free Chicken Tortilla Soup	Egg & Corn Soup	
Global adventures	Grilled Cheese Sandwiches	Penne Pasta with Pesto Sauce	Crispy Chicken Tenders	Carne Asada Tacos	BBQ Vietnamese Chicken	
Side	French Fries	Marinara Sauce	Mashed Potatoes & Gravy	Black Beans and Yellow Rice	Jasmine Rice	
Vegetable	Grilled Corn and Carrots	Winter Vegetables	Peas and Carrots	Winter Root Vegetables	Cabbage and Carrots	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Cage Free Egg Salad Sandwiches	Roasted Turkey Sandwiches	
Eat Your Greens!	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar	
Live Well	Butternut & Black Bean Taco	Buffalo Cauliflower	Veggie Pad Thai	Bang Bang Sweet Potatoes	Broccoli & Tofu Stir Fry MTO	
Vegan Bar	Vegetable Curry with Brown Rice	Gluten Free Pasta with Marinara	Quinoa Pilaf MTO	Black Beans & Rice Crispy Taco	Eggplant Parmesan	
Buddha Bowl	Roasted Saffron Cauliflower	Bibimbap Salad	Jamaican Jerk	Crunchy Asian Ramen Salad	Tostada Bowl	
Week 2	January 15, 2024	January 16, 2024	January 17, 2024	January 18, 2024	January 19, 2024	
Soup	Martin Luther King	Healthy Kale & Quinoa Soup	Tofu Miso Soup	Thai Broccoli	French Onion Soup	
Global adventures		Spaghetti with Meatballs	Grilled Teriyaki Chicken	All Beef Mini Hot Dogs	SD Home Made assorted PIZZA	
Side		Garlic Bread & Parmesan Cheese	Sticky Rice & Chow Mein	House Made French Fries	SD Home Made assorted PIZZA	
Vegetable		Organic Beet & Organic Carrots	Sautéed Cabbage	Butternut Squash	SD Home Made assorted PIZZA	
Fresh Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Deli Counter		Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches	
Eat Your Greens!		SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar	
Live Well		Stuffed Tomatoes w/ Quinoa	Garlic sesame Noodles w/ Tofu	Mushroom Tetrazzini with Brown Rice	Sweet Potatoes& Corn Enchiladas	
Vegan Bar		Gluten Free Pasta with Pesto or Marinara	Risotto Bar MTO	Vegetable Stack	Vegetarian Paella	
Buddha Bowl		Lebanese Salad	Tuna Salad	Winter Fusion Gyoza	Dragon Bowl with Prawns	
Week 3	January 22, 2024	January 23, 2024	January 24, 2024	January 25, 2024	January 26, 2024	
Soup	Tampiqueno Soup	Sweet Potatoes Soup	Vegan Roman Noodle	Tortellini Soup	Organic Roasted Tomato	
Global adventures	Grilled Steak Burritos	Penne Pasta with Bolognese Sauce	Grilled Rosemary Lemon Chicken	Shredded BBQ Pork Sliders	Nacho Bar w/Beef & Cheese	
Side	Yellow Rice and Beans	Penne Pasta w/Marinara	Scallop Potatoes	Roasted Potatoes	Spanish Rice & Black Beans	
Vegetable	Winter Vegetables	Garlic Bread & Parmesan Cheese	Crispy Polenta Cakes	Roasted Squash	Fresh Grilled Corn	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches	
Eat Your Greens!	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Live Well	Carrot Tart w/ Ricotta	Kung Pao Broccoli and Tofu	Veggie Wraps MTO	Tuscan white Bean w/ Over Risotto	Vegetarian Empanadas	
Vegan Bar	Brown Rice w/ Tofu Fajitas	Gluten Free Pasta with Pesto or Marinara	Quinoa w Fennel sauté	Tofu Rice Bowl	Oyster Mushrooms Paella	
Buddha Bowl	Spicy Mango & Chili Lime	Spaghetti Squash	Quinoa Burrito	Waffle Tofu and Grilled Pineapple	Chop Salad	
Week 4	January 29, 2024	January 30, 2024	January 31, 2024	February 1, 2024	February 2, 2024	
Soup	Fiesta Corn Soup	Italian Wedding Soup	Cage Free Chicken Thai Soup	Wild Rice & Mushroom Soup	Vermicelli Soup	
Global adventures	Pork Carnitas Tacos	Cheese tortellini with Alfredo Sauce	Crispy Chicken Drum Sticks	Fish Sticks	SD Home Made assorted PIZZA	
Side	Lime Rice Black Beans	House Made Garlic Bread	with BBQ Sauce	Home made Fries	SD Home Made assorted PIZZA	
Vegetable	Roasted Cauliflower	Winter Vegetables	Mashed Potatoes	Grilled Corn and peas	SD Home Made assorted PIZZA	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches	
Eat Your Greens!	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Live Well	Nacho Bar MTO	Home Made Country Frittata	Hummus Over Pita Bread	Mushrooms Asparagus & Feta Turn Over	Ice Cream Bar MTO	
Vegan Bar	Sweet Potatoes Stew over Basmati Rice	Gluten Free Pasta with Pesto or Marinara	Vegetarian Sushi	Sun-Dried Tomato, Basil Balsamic Bucatini	Chickpea and Vegetable Coconut Curry	
Buddha Bowl	Turmeric Chickpeas	Burrito Bowl	Mediterranean Salad	Forbidden Rice	Spicy Chipotle Cauliflower	
Week 5	February 5, 2024	February 6, 2024	February 7, 2024	February 8, 2024	February 9, 2024	
Soup	Sprit Pea Soup	Tuscan Bean Soup	Vegetarian Pho Soup	Chicken Enchilada Soup	Roasted Vegetables Soup	
Global adventures	Home Made Chicken Enchiladas	Penne Pasta w/ Cheese Sauce	Grilled Teriyaki Chicken	Basian Farm Meatball Hoagie	Chicken Tikka	
Side	Arroz Blanco & Refried Beans	Marinara Sauce	Vegetarian Egg Rolls	Roasted Rosemary Yukon Potatoes	Basmati Rice	
Vegetable	Carrots & Potatoes	House Made Garlic Bread	Sticky Rice	Mix Vegetables	Sweet Potatoes & Butternut Squash	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Deli Counter	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches	
Eat Your Greens!	Salad Bar	Salad Bar	Salad Bar	SD Salad Bar	SD Salad Bar	
Live Well	California Vegetarian Sandwiches bites	Spinach & Ricotta Cheese Cannelloni	Organic Brown Fried Rice MTO	Olives Briquette	Egg Plant & Chickpeas Stew with Tabouleh	
Vegan Bar	Mango Smoothies	Gluten Free Pasta with Marinara	Spring Rolls	vegetable Pad Thai with Over Organic Rice	Yams Kebab	
Buddha Bowl	Vietnamese	Taiwan Bowl	Brazil	Caprice Salad Bowl	Grilled Polenta	
Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day!						