



San Domenico Café



April/ May Menu for Grades 2-8

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	April 22, 2024	April 23, 2024	April 24, 2024	April 25, 2024	April 26, 2024
Soup	Roasted Tomato	Diessel Turkey Rice	Potato Chowder	Cage Free Chicken Tortilla Soup	French Onion Soup
<i>Global adventures</i>	Grilled Cheese or Ham Sandwiches	Penne Pasta with Pesto Sauce	Crispy Chicken Tenders	Carne Asada Tacos	SD Home Made assorted PIZZA
<i>Side</i>	French Fries	Marinara Sauce	Mashed Potatoes & Gravy	Black Beans and Yellow Rice	SD Home Made assorted PIZZA
<i>Vegetable</i>	Grilled Corn and Carrots	Broccoli and Organic Carrots	Fresh Grilled Asparagus	Grilled Corn and Carrots	Organic Broccoli
<i>Fresh Fruit</i>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<i>Deli Counter</i>	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Cage Free Egg Salad Sandwiches	Roasted Turkey Sandwiches
<i>Eat Your Greens!</i>	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar
<i>Live Well</i>	Butternut & Black Bean Taco	Buffalo Cauliflower	Veggie Pad Thai	Bang Bang Sweet Potatoes	Broccoli & Tofu Stir Fry MTO
<i>Vegan Bar</i>	Vegetable Curry with Brown Rice	Gluten Free Pasta with Marinara	Quinoa Pilaf MTO	Black Beans & Rice Crispy Taco	Eggplant Parmesan
<i>Buddha Bowl</i>	Roasted Saffron Cauliflower	Bibimbap Salad	Jamaican Jerk	Crunchy Asian Ramen Salad	Tostada Bowl
Week 2	April 29, 2024	April 30, 2024	May 1, 2024	May 2, 2024	May 3, 2024
Soup	Beef and Rice soup	Healthy Kale & Quinoa Soup	Tofu Miso Soup	Thai Broccoli	Corn & Egg Drop Soup
<i>Global adventures</i>	Chicken Or Cheese Quesadillas	Spaghetti with Meatballs	Grilled Teriyaki Chicken	All Beef Mini Hot Dogs	Nacho Bar
<i>Side</i>	Spanish Rice & Refried Beans	Garlic Bread & Parmesan Cheese	Sticky Rice & Chow Mein	House Made French Fries	Spanish Rice
<i>Vegetable</i>	Spring Vegetables	Organic Beet & Organic Carrots	Sautéed Cabbage	Butternut Squash	Grilled Corn
<i>Fresh Fruit</i>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<i>Deli Counter</i>	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
<i>Eat Your Greens!</i>	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar	SD Salad Bar
<i>Live Well</i>	Kale Quiche	Stuffed Tomatoes w/ Quinoa	Garlic sesame Noodles w/ Tofu	Mushroom Tetrazzini with Brown Rice	Sweet Potatoes & Corn Enchiladas
<i>Vegan Bar</i>	Butternut Squash and Black Bean Tacos	Gluten Free Pasta with Pesto or Marinara	Risotto Bar MTO	Vegetable Stack	Vegetarian Paella
<i>Buddha Bowl</i>	Pomegranate Salad	Lebanese Salad	Tuna Salad	Spring Fusion Gyoza	Dragon Bowl with Prawns
Week 3	May 6, 2024	May 7, 2024	May 8, 2024	May 9, 2024	May 10, 2024
Spring Soup	Tampiqueno Soup	White Bean Kale Soup	Vegan Roman Noodle	Tortellini Soup	Organic Roasted Tomato
<i>Global adventures</i>	Grilled Steak Burritos	Penne Pasta with Bolognese Sauce	Grilled Rosemary Lemon Chicken	Shredded BBQ Pork Sliders	SD Home Made assorted PIZZA
<i>Side</i>	Yellow Rice and Beans	Penne Pasta w/Marinara	Scallop Potatoes	Roasted Potatoes	SD Home Made assorted PIZZA
<i>Vegetable</i>	Spring Vegetables	Garlic Bread & Parmesan Cheese	Crispy Polenta Cakes	Roasted Squash	Cauliflower
<i>Fresh Fruit</i>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<i>Deli Counter</i>	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
<i>Eat Your Greens!</i>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<i>Live Well</i>	Carrot Tart w/ Ricotta	Kung Pao Broccoli and Tofu	Veggie Wraps MTO	Tuscan white Bean w/ Over Risotto	Vegetarian Empanadas
<i>Vegan Bar</i>	Brown Rice w/ Tofu Fajitas	Gluten Free Pasta with Pesto or Marinara	Quinoa w Fennel sauté	Tofu Rice Bowl	Oyster Mushrooms Paella
<i>Buddha Bowl</i>	Spicy Mango & Chili Lime	Spaghetti Squash	Quinoa Burrito	Waffle Tofu and Grilled Pineapple	Chop Salad
Week 4	May 13, 2024	May 14, 2024	May 15, 2024	May 16, 2024	May 17, 2024
Soup	Fiesta Corn Soup	Italian Wedding Soup	Cage Free Chicken Thai Soup	Wild Rice & Mushroom Soup	Broccoli & Cheddar
<i>Global adventures</i>	Pork Carnitas Tacos	Cheese tortellini with Alfredo Sauce	Crispy Chicken Drum Sticks	Fish Sticks	Nacho Bar
<i>Side</i>	Lime Rice Black Beans	House Made Garlic Bread	with BBQ Sauce	Homemade Fries	Spanish Rice
<i>Vegetable</i>	Roasted Cauliflower	Spring Vegetables	Mashed Potatoes	Grilled Corn and peas	Grilled Corn
<i>Fresh Fruit</i>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<i>Deli Counter</i>	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
<i>Eat Your Greens!</i>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<i>Live Well</i>	Nacho Bar MTO	Home Made Country Frittata	Hummus Over Pita Bread	Mushrooms Asparagus & Feta Turn Over	Ice Cream Bar MTO
<i>Vegan Bar</i>	Sweet Potatoes Stew over Basmati Rice	Gluten Free Pasta with Pesto or Marinara	Vegetarian Sushi	Sun-Dried Tomato, Basil Balsamic Bucatini	Chickpea and Vegetable Coconut Curry
<i>Buddha Bowl</i>	Turmeric Chickpeas	Burrito Bowl	Mediterranean Salad	Forbidden Rice	Spicy Chipotle Cauliflower
Week 5	May 20, 2024	May 21, 2024	May 22, 2024	May 23, 2024	May 24, 2024
Soup	Pork Pozole Soup	French Onions	Chinese Chicken & Sweet Corn	Enchilada soup	Minestrone Soup
<i>Global adventures</i>	Home Made Chicken Enchiladas	Penne Pasta w/ Cheese Sauce	Grilled Teriyaki Chicken	Basian Farm Meatball Hoagie	SD Home Made assorted PIZZA
<i>Side</i>	Arroz Blanco & Refried Beans	Marinara Sauce	Vegetarian Egg Rolls & Sticky Rice	Roasted Rosemary Yukon Potatoes	SD Home Made assorted PIZZA
<i>Vegetable</i>	Carrots & Potatoes	House Made Garlic Bread	Baby Bok choy	Mix Vegetables	Spring Vegetables
<i>Fresh Fruit</i>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<i>Deli Counter</i>	Turkey Sandwiches	Chicken Sandwiches	Ham Sandwiches	Roasted Beef Sandwiches	Roasted Turkey Sandwiches
<i>Eat Your Greens!</i>	Salad Bar	Salad Bar	Salad Bar	SD Salad Bar	SD Salad Bar
<i>Live Well</i>	California Vegetarian Sandwiches bites	Spinach & Ricotta Cheese Cannelloni	Organic Brown Fried Rice MTO	Olives Briquette	Egg Plant & Chickpeas Stew with Tabouleh
<i>Vegan Bar</i>	Mango Smoothies	Gluten Free Pasta with Marinara	Spring Rolls	vegetable Pad Thai with Over Organic Rice	Yams Kebab
<i>Buddha Bowl</i>	Vietnamese	Taiwan Bowl	Brazil	Caprice Salad Bowl	Grilled Polenta

Dietary restrictions labels - Fresh, natural, prepared-from-scratch meals served with local, seasonal produce, organic meats, and natural ingredients. Salad Bar every day!